



THE HAPPY NEWS

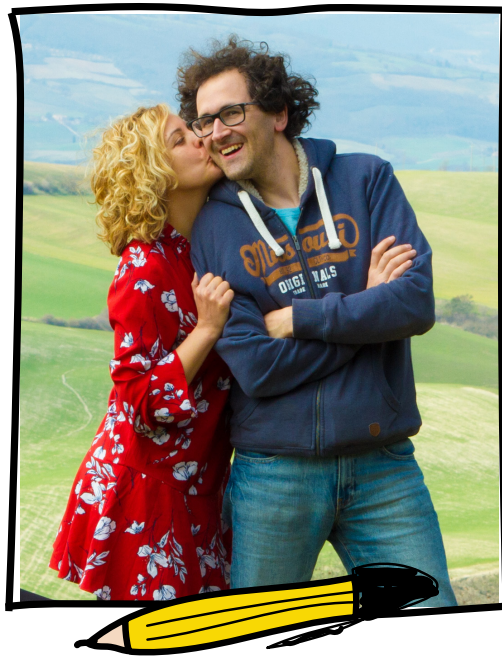
by Play&Learn

Find out more info:

www.daliaschool.es



April 2021



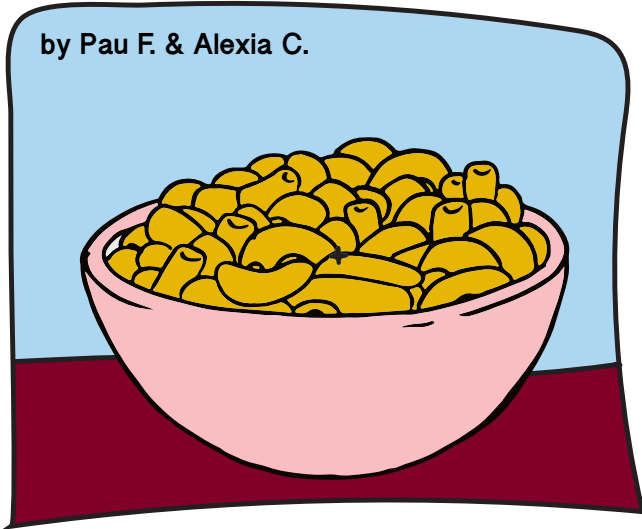
The happy News by Play&Learn School of English is an awesome project in which 70 students have participated during the online classes from January to March in 2021.

I believe that children deserve to be hearing about the good stuff going on in the world and not constantly surrounded by terror and fear. I want to encourage and inspire children to find their own happy news and look for the kindness in their schools and communities.

Keep smiling
Dalia & Sam x

TEENS 1: TASTY RECIPES

by Pau F. & Alexia C.



LET'S COOK SOME MACARONI

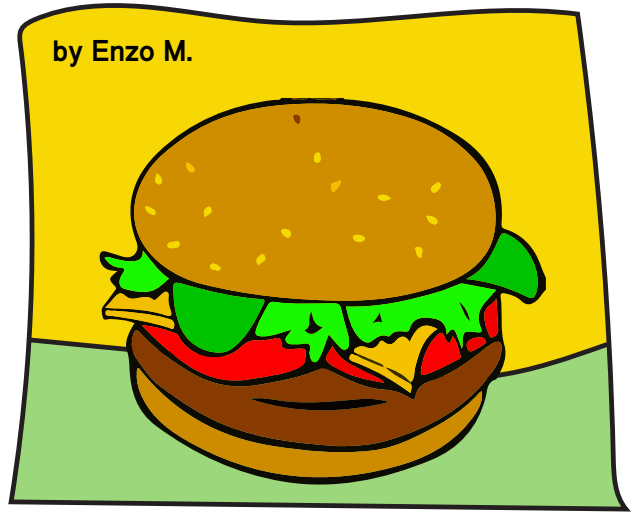
INGREDIENTS

500g macaroni, 500g of minced or ground meat (Better a mix of beef and pork), 500g of fried tomato (tomato sauce), 1 onion, 4 cloves of garlic, dried oregano, salt, pepper and oil

INSTRUCTIONS

- 1.- Cook the macaroni. To do this, we put them in a saucepan with plenty of boiling water. Add a good handful of salt and cook them for about 12-15 minutes. Until they are al dente. We stir from time to time, especially at the beginning, so that they do not stick to the bottom of the pot
- 2.- While they are cooking, we can prepare the sauce. In a large frying pan, heat a drizzle of oil over medium heat. Then we add the onion and the very finely chopped garlic. Salt and pepper and stir with a wooden spoon while cooking for 5 minutes
- 3.- After time, add the minced meat. We salt and pepper it and crumble it with the wooden spoon so that there are no large pieces and it is well loose. We increase the strength of the fire and let it cook until it takes on some colour
- 4.- Once this is done, add the fried tomato and sprinkle with dried oregano. Mix all the ingredients and cook for 10 more minutes.
- 5.- When the macaroni are al dente, reserve 150ml of the cooking broth in a glass and drain them from the rest of the water
- 6.- When both the macaroni and the sauce are cooked, we add the macaroni to the casserole where the sauce is. Add the cooking broth (which will enhance all the flavors) and mix everything well, while we cook everything for a couple of minutes

by Enzo M.



LET'S EAT SOME JUICY HAMBURGERS

INGREDIENTS

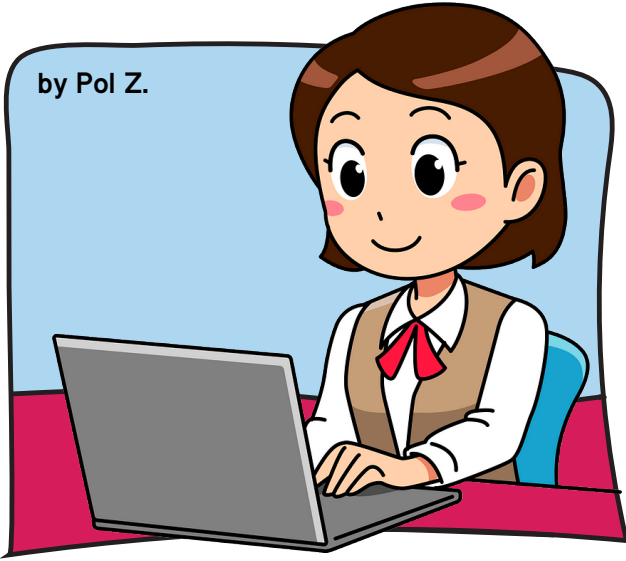
600g of minced beef and pork, 2eggs, 30g breadcrumbs, A handful of chopped parsley, 4 portions of cheese (mozzarella, emmental, gouda ...), Salt, pepper and olive oil.

INSTRUCTIONS

- 1.- First, we put the minced meat, the eggs, the breadcrumbs and the parsley in a bowl. We add a good pinch of salt and pepper and, with our hands, we mix all the ingredients. Until they have integrated well with each other.
- 2.- We take a portion of the raisin and we shape it into a hamburger. To do this, we first form a ball with it with our hands and then squash it, giving it the characteristic hamburger shape.
- 3.- We rest the hamburger on a wooden board and, in the center of it, we place a generous portion of some cheese that melts in contact with the heat. With our hands we sink the cheese into the hamburger and then we cover it with the minced meat. Once done, if the hamburger has been deformed, we finish giving it the final shape.
- 4.- In a frying pan, with a small drizzle of oil, over medium heat, put the hamburger and cook it to taste. Of course, for the heat to penetrate and the cheese to melt, we will have to cook the hamburger a little so, if we like it undercooked, we will have to cook it a little more. We cook this face for an approximate time of 5 minutes
- 5.- We turn the hamburger over and cook the other side. A tip so that the heat penetrates more and the cheese melts more quickly, is to cover the pan, while we cook the hamburger
- 6.- Once well cooked. We remove it from the heat and place it on a plate. You can dress it on hamburger buns, if you wish, along with lettuce, tomato, onion, mayonnaise, ketchup and all the ingredients you want !!

TEENS 1: FAMOUS PERSON

by Pol Z.



STEVE PAUL JOBS AND APPLE COMPUTERS

Steven Paul Jobs was a businessman and the creator/CEO* from very important companies like Apple and Pixar. He was born on February 24th in 1955 in San Francisco, California and he died of pancreatic cancer on October 5, 2011, in Palo Alto, California.

He founded Apple with Steve Wozniak in 1976 and nowadays it is one of the richest companies in the world (actual CEO: Tim Cook).

Steve Jobs studied English at Reed College, but he left it the first year and two years after he went to India and he studied Zen Buddhism. Steve Jobs changed a lot of our lives, as well as the technology and the economy all around the world.

LOUIS PASTEUR

by Zachary S.

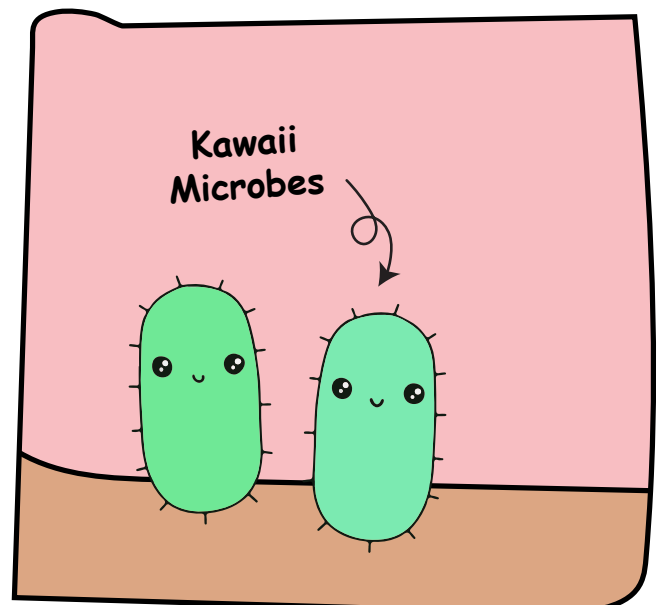
In the second half of the 19th century, Louis Pasteur, a French doctor of Science, explored the role of microbes in the occurrence of contagious diseases, by working on farm animals. He showed that chicken's cholera is caused by bacteria.

Finding old cultures of this bacterium in his laboratory, he administered them to the family of the chickens. Those got sick but they didn't die, even when they were infected with "fresh", virulent germs. Louis Pasteur created an attenuated vaccine. In Jenner's honor, he coined the term "vaccine." After having developed another attenuated animal vaccine against the disease of anthrax, which was decimating sheep and cattle herds, Pasteur directed his research towards human vaccination. He was looking at a disease affecting both animals and humans: rabies.

From the brains of animals that died due to rabies, Pasteur succeeded in straining the contagious agent. In 1885 he came across the first "human vaccine" with an attenuated virus.

SANTIAGO R. CAJAL AND CELLULAR BIOLOGY

he first learned about Golgi's method, a cell staining method which uses potassium dichromate and silver nitrate to (randomly) stain a few neurons a dark black color, while leaving the surrounding cells transparent. This method, which he improved, was central to his work, allowing him to turn his attention to the central nervous system by Celia C.



LIFE'S SHORT... SO SPEND
TIME DOING **STUFF** THAT MAKES
you **HAPPY** BE AROUND
THOSE WHO
THAT **WEIRD LAUGH** MAKE YOU DO

GET **MESSY!** **EXPLORE**
EAT FOOD TRY NOT TO TAKE ON
YOU LOVE THE **WEIGHT** OF THE
WORLD.

BE KIND and APPRECIATE
THOSE WHO ARE.

BE YOU, NOT THEM...

NOTICE TINY MIRACLES and MOMENTS
OF PURE JOY. **GIVE**

Chase **RAINBOWS**
WATCH THE

BIG HUGS

SUN RISE and
SET.

DREAM **HAVE FUN**

and **KEEP DOING YOUR BEST,** **ALWAYS.**

TEENS 3: CREATIVE STORIES

VALENTINA G.

Adam was sitting on the couch, when suddenly his cousin Carlos entered the room with a big suitcase on his left hand.

- "Bye mate, thank you so much for looking after Blanca while I'm in the Bahamas", Carlos said .

- "No problem mate! I'm not doing anything this week", Adam said with a little of envy in his voice tone.

- "Thank you again mate. I wish you could come with me and Veronica, it is a pity that your parents don't let you".

- "It's ok, I'll be fine. We will have a great time, won't we Blanca?".

- "Yes of course", she said with a devil smirk.

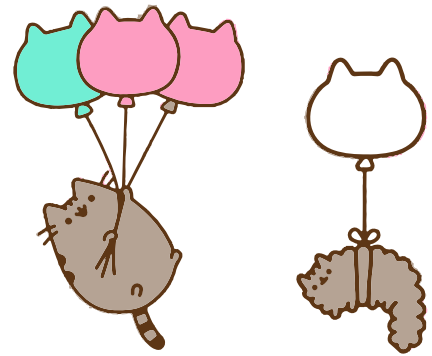
- "Bye Blanca, bye Adam", Carlos said, two seconds after he was nowhere to be seen.

- "Ok Blanca. Do you want pizza for dinner?", Adam asked the little 8 year old girl.

- "Of course. I want a pepperoni pizza, and a big coke".

- "Ok I will call, stay here and choose a movie, or a series. Whatever you like I'll be back in a minute".

Adam called the pizzeria and then he went back to the living room. When he arrived Blanca was gone, she was banished. At first, Adam thought she was in the bathroom or somewhere else so he sat on the sofa and started watching his favorite TV show, "How to get away with murder". Half an hour later the doorbell rang, Adam got up and opened up, it was the pizza man, with three pizzas and two big cokes. At that moment Adam noticed that Blanca hadn't actually returned from wherever she went. He paid the pizza man and started calling Blanca to come to eat. She didn't come, so he decided to go and find her. She wasn't in her room, she wasn't in the bathroom, neither the garden, well, it was an awful night so he didn't actually expect it to see her there.



Adam took a jacket and the umbrella, he left the house and took the car. He drove along the suburbs for an hour but Blanca wasn't there. He went to every house and asked if they had seen Blanca or had heard her. But no one had seen her. After almost two hours he went back home and looked another time at the whole house. But he didn't find her. Then Adam had the greatest idea ever, going to the bookshop. Blanca was obsessed with books, she would

prefer to spend her day reading than going out with her friends, she was that kind of person that everyone loves but she doesn't care about it, but you're still loving her. Adam took the car and went to the bookshop. He went inside, it was nice in there, outside it was raining hard. He went to the kids shelf, but Blanca wasn't there, then he asked a man in a uniform if he had seen her, and the man said:

- "Of course, she's in her usual spot, she's been here for about three hours, but her brother normally comes a little later. You're Adam, his cousin, right?".

- "Yes, I've been looking for her the whole evening."

- "She always comes here at least 5 hours a day. Didn't you know it? Her parents let

her be here and I look after her the whole time. She is pretty intelligent for her age and it is nice having her here".

- "Well thanks. Oh Blanca here you are! I've been looking for you everywhere.

"You should could and at least have told me that you were coming here. We are going now. C'mon take your jacket and the umbrella, it is raining and the car is a little bit far away".

- "Sorry. Bye David, see you tomorrow. -" She said putting on her jacket and taking the umbrella".

- "Bye!"

TEENS 2: OPINION ARTICLE



DO YOU LIKE SHOPPING ONLINE?

ANA ROSA V.

Have you ever thought about the best shopping centres? Is it dangerous buying things online? If you want to know where are the best places to buy, this article is a must-read. I usually buy my clothes online because I think that's the best way to shop. After all, it's easier and safer than going to malls because of the covid but this does not mean that going to shopping centres isn't a good idea. I mean the two options are correct but I prefer the first one, shopping online. Leaving that aside, the best shopping centre I've ever been is "La maquinista", in Barcelona, it's super big and there are many shops like "the Nike, apple, Mr. Wonderful..." I recommend you to visit this mall when you have a chance. I do not doubt that you'll enjoy it a lot!

NORA C.

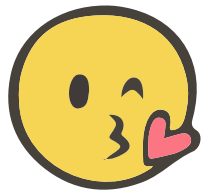
Have you ever been scared to buy things online? Have you ever thought about which is better, buying in a physical store or in an online shop? If you want to know the answer, keep reading this article, and I will give you my opinion about these two options.

My family and I used to buy objects and clothes in physical stores, but because of the pandemic, we had to get adapted to the situation and we started buying online. In my opinion, it is more comfortable using online shops, because you don't have to move from the place you are and in the online shop there is more variety of products than in the physical store. But everything has a positive and a negative side ; you have to be careful because not all the online shops are good. They can scam you, the product may not arrive, or .

that the object that you bought isn't the same that you saw in the photography. For all these reasons I prefer buying in physical stores, because that way you don't risk so much, but due to the situation that we are in right now, I choose the online shops

PAULINA M.

Is it better buying in physical stores rather than online? Today I will explain my point of view on this. Well, my family and I have always bought clothes in physical stores as long as it is easier for us to find the clothes we like and it is easier for us to be able to try on clothes so we already know whether to buy it or not. On the other hand, buying online is not that easy. With the situation in which we are right now, due to covid we have begun to buy more things online. Going to stores physically could be contagious. There are many advantages for buying on online stores, for example; you don't need to move from home, you don't need to queue, you don't need cash. But there are also several disadvantages; you have to wait a few days or even weeks to get what you have ordered, there may be errors in your purchase and that you do not get what you want or you can simply make a mistake in the size. I think we can use both types of shopping but we should also think about the small stores that do not have an online platform and going to buy in person helps them a lot!



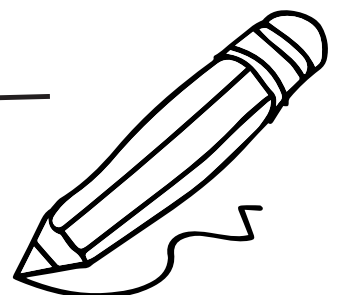
**SAY THANK YOU
TO SOMEBODY
FOR BEING KIND**



Their name: _____

They said something lovely. What did they say?

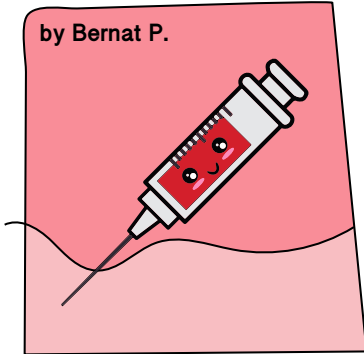
They did something lovely. What did they say?



EXPLORERS 2

POSITIVE NEWS

by Bernat P.



Very good news is that they recently found a vaccine for covid-19 and it has already been tested with people or the elderly.



by Andrea P.



Recycling reduces pollution and garbage in landfills, avoids extracting new raw materials, saves energy, fights against climate change and enables new "green" products and jobs.



by Blanca L.



An 8-year-old who started his own food pantry was featured on national television as part of the "Celebrating America" special for President Joe Biden's inauguration on Wednesday.



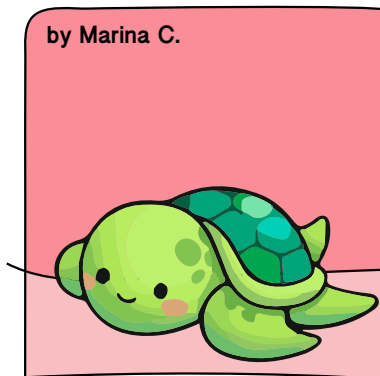
by Nuria V.



29/01/21, a Wolf moon, kicks-off a year of 3 super-moons, including a blood moon.



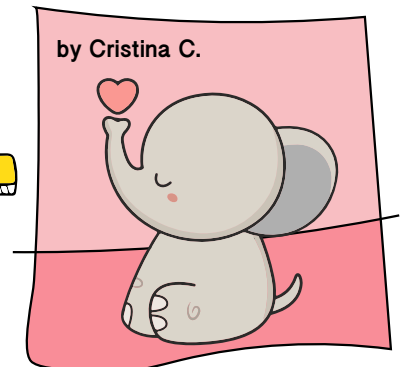
by Marina C.



When we were locked down, the sea turtles multiplied a lot because nobody was on the beaches and they didn't pollute the sea either! Don't throw garbage into the sea!



by Cristina C.



Cambodia has currently banned riding elephants to earn money so they will leave them free.

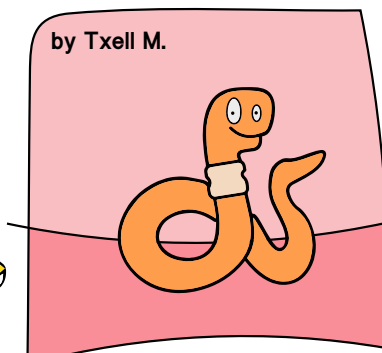
by Pol C.



The woman who won 68 million euros was very poor, she even rummaged in the garbage. Now she is rich.



by Txell M.



The European Union Food Agency is responsible for deciding which foods are safe. For the first time, it has decided that an insect can be food for humans: the mealworm! Mealworms are a healthy food, with plenty of protein and fiber. They use much less water than pigs or cows, and they pollute less.



WHAT MAKES OUR STUDENTS HAPPY?

- Doing school trips with my friends
- Playing with my dog
- My cat's company
- Doing homework with my sister
- Watch "Anime" with my father
- Eating in a restaurant
- Swimming with my club
- Reading my favourite books
- Laughing with my friends
- Making my dreams come true
- Discovering new things

TEENS 3: CREATIVE STORIES

MERITXELL V.

When I opened the front door I found a small package with a note attached to it. I was kind of surprised, because I hadn't ordered anything on the internet and no one usually sends me anything. I was curious about the package and I picked it from the floor. I sat on the kitchen's table and I analysed it. It wasn't very big and it didn't make any sound when I shook it off. I was a bit overwhelmed. I noticed a note in the package and I read it. The note was very simple, it only said: "You can't open me without a key. If you want it solve this: Hp up uif tubujpo boc xbjv ufsf xjui zpvs fzft emptfc gjwf njovuft bgus uif mbtu usbjv mfbwft." I was astonished. That made no sense!

It took me two hours to solve that code. It was not as complex as I thought, after all. I only had to replace the letters for the previous one. The message said: "Go to the station and wait there with your eyes closed for five minutes after the last train leaves." This was even more surprising: "Why do I have to go to the station and wait with my eyes closed? This is the silliest thing I have been told to do until now." I thought.

I didn't have anything to lose, so I went to the station at 8 p.m., when the last train left. When I arrived, there was nobody. It was a bit spooky. I sat on a bench and put an alarm. The note said I had to stay there with my eyes closed for five minutes, so I didn't want me to fall asleep. I closed my eyes.

When the alarm rang, there was another package next to me. I didn't hear anyone approaching me. I looked at the package and I opened it. This time, there wasn't any note attached to it. Inside, there was a key. I went home and opened the first package. It was a chest. I introduced the key into the keyhole and I could open the chest.

Things were turning stranger for moments. Inside of it there was a book, but its pages were blank...



JAN M.

It was a Friday night when I opened the front door, I found a small package with a note attached to it, when I opened it and there was a key and I kept it in the safe-deposit box. I searched a lot and I finally found an abandoned house. In the afternoon I went there to explore. A person told me, if you say something of this I will kill you. The next day I woke up, I thought it was a dream. I looked in the safe-deposit box and it was empty. It had been a dream.

NAIA G.

Yesterday it was a great day, even if Thomas Brown wasn't here. Thomas is my best friend, he was supposed to take care of her little cousin, but he had some more interesting plans to do in the north of Hawaii so I accepted to do his job, look after Blanca. Well, at the beginning, I told you that it was a great day, but I think some people in my town didn't think the same, it was raining and there were a lot of clouds, but I love it. I had never seen Blanca before, but I supposed she was a cheerful girl, I wasn't wrong. When I arrived at her house, I thought she might be rich, her house was huge. We were watching a film on the sofa, it was about some superhero that saves the world. From my point of view, it was so boring, so I went to prepare some popcorn. When I returned she wasn't on the sofa, not even in the living room. I started looking for her in every part of the house, screaming her name, but nothing; I heard a noise, it was in the basement, if you want me to tell you the truth, I was scared, but when I went downstairs I finally found Blanca, she was just taking some sweets to eat.

EXPLORERS 1

PERSONAL NEWS

**WHAT NEWS
HEADLINE WOULD
YOU LIKE TO SEE?**



Lluc R. & Edgar H.
Covid-19 is over, yahoooo!!!

Oriol C.
The coronavirus vaccine will work
perfectly



**TELL US
A FACT YOU
MAY KNOW?**

Lluc R.
It's carnival!

Edgar H.
No more cheese, let's go vegan!



**SOMETHING
THAT MAKES
YOU SMILE
THIS WEEK**

Lluc R.
Going to horse riding lessons

Edgar H.
I love my family

Oriol C.
Playing video games with my
friends



**WHAT ARE
YOU LOOKING
FORWARD TO
THIS YEAR?**

Lluc R.
I hope that next year will be better
than this year

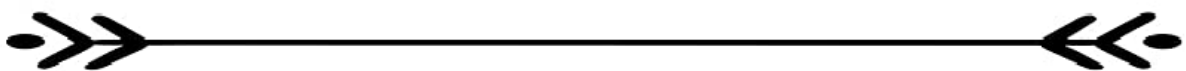
Edgar H.
Not wearing a mask anymore

Oriol C.
Enjoying my holidays

CROSS OUT ALL THE WORDS



H	R	W	B	R	U	S	H	S	N	A	E	L	C
A	S	I	H	L	P	H	A	H	A	H	H	P	A
E	L	P	E	S	R	I	N	S	E	E	N	T	O
T	E	E	S	H	T	S	P	B	E	W	C	L	N
S	E	L	C	K	S	W	O	P	L	A	H	P	E
A	E	L	L	O	S	U	I	I	E	S	E	S	H
P	H	W	S	T	A	R	L	S	A	H	S	W	S
H	A	L	E	W	O	T	N	F	A	H	U	R	E
T	A	N	P	O	I	T	S	N	E	U	R	H	V
O	C	H	S	O	A	P	O	S	H	T	U	I	A
O	S	E	W	R	W	P	W	I	L	I	U	N	H
T	I	A	O	E	O	T	U	I	L	O	E	A	S
T	N	U	L	S	H	O	W	E	R	E	A	O	N
H	K	A	H	P	L	E	I	E	L	S	T	T	O



towel, shave, wipe, soap, clean, flush, wash
sink, toothpaste, rinse, brush, shower, toilet

EXPLORERS 1

PERSONAL NEWS

**WHAT NEWS
HEADLINE WOULD
YOU LIKE TO SEE?**



Marc J.

We don't need to wear the coronavirus mask anymore

Julia M.

I would like to see the end of coronavirus

Berta B.

The coronavirus vaccine will work perfectly



Marc J.

For Christmas, I received a book written by Jules Verne

Julia M.

I love my friends and family.



**SOMETHING
THAT MAKES
YOU SMILE
THIS WEEK**



Marc J.

My best friend came to my house but it was a surprise

Julia M.

I talked to my tutor at school and enjoy talking with her

Berta B.

I got a 9.5 in my math exam



**WHAT ARE
YOU LOOKING
FORWARD TO
THIS YEAR?**

Marc J.

I would like to have good marks at school to proof how intelligent I am.

Julia M.

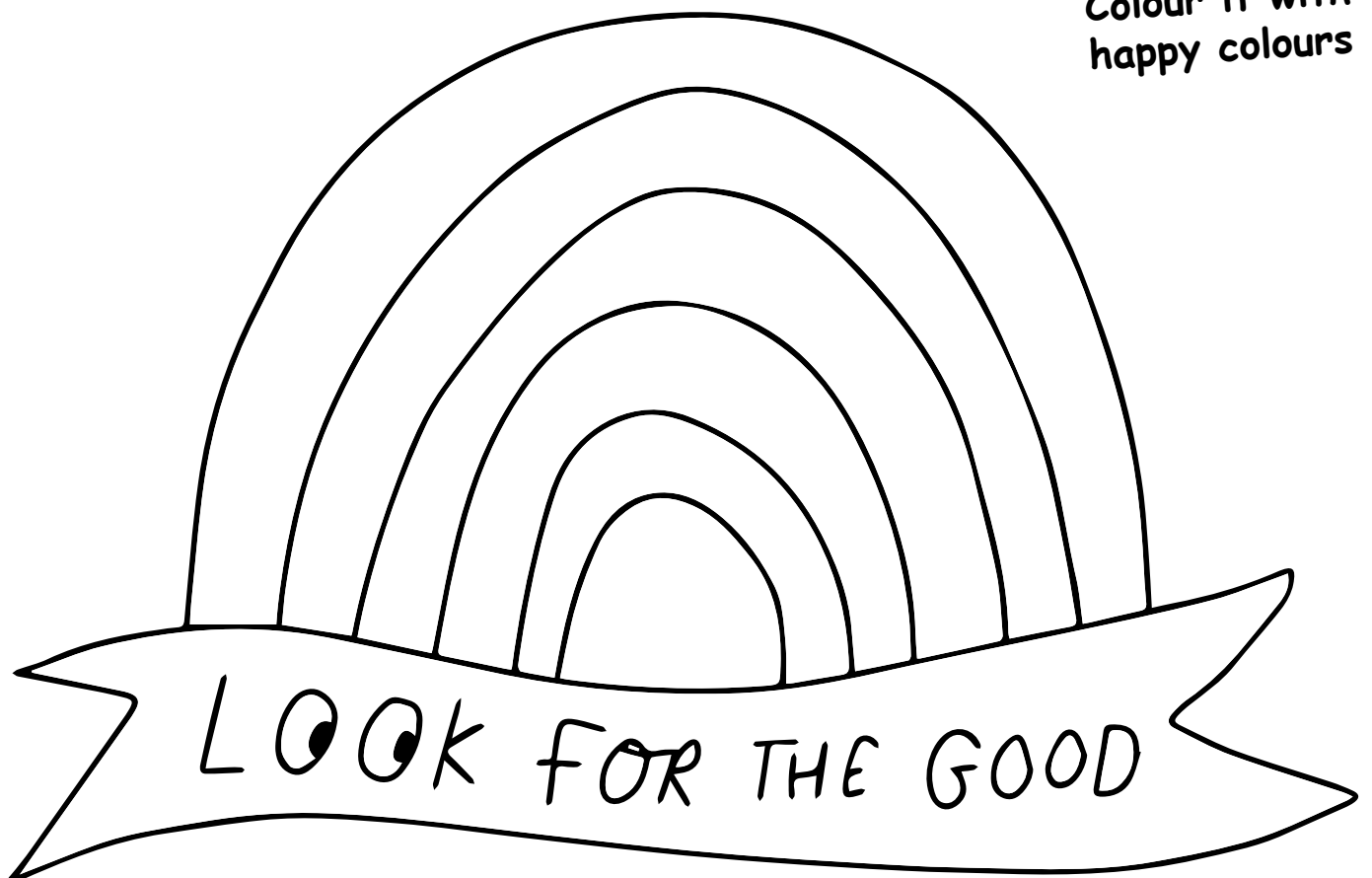
I hope I can hug my friends and play with them

Berta B.

My family would adopt a cat

CELEBRATE
HAPPY
NEWS

Colour it with
happy colours



TEENS 1: TASTY RECIPES

by Naia M.



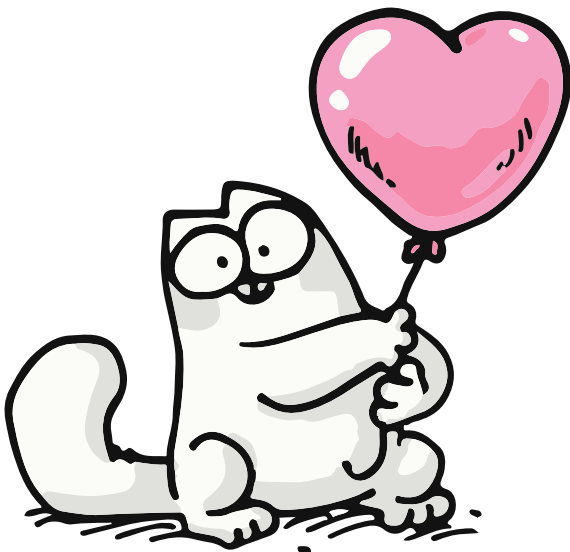
LET'S EAT A NUTELLA FLOWER

INGREDIENTS

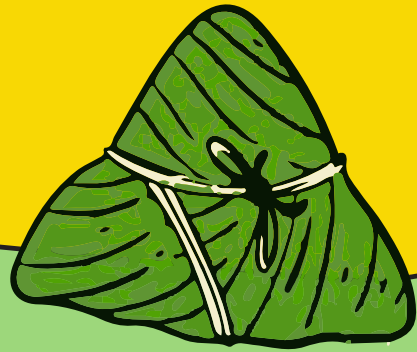
4 puff pastry bases and nutella

INSTRUCTIONS

- 1- you put a layer of puff pastry, then you put 1 layer of nutella all over the puff pastry.
- 2-You repeat the same 3 times, then you cut it into 16 pieces.
3. You open it and roll it up every two logs, then we varnish it with egg.
4. You put it in the oven for 30 minutes and you take them out of the oven and you've got it ready



by Oriol H.



TIME FOR SOME CHINESE ZONGZI

INGREDIENTS

Round glutinous rice: 1.5 kg - 2 kg. Dried bamboo leaves: 50 leaves. Mini dried shiitake mushrooms. Braised Bondiola: 1 kg. Soy sauce: 50 ml. Sunflower oil: 30 ml. Peanuts with skin: 300 g. Matambre thread.

INSTRUCTIONS

1. To make this dish we will take 3 days. For 48-72 hours we will have to soak the bamboo leaves.
2. On the second day we will proceed to cook the braised bondiola, leaving it to rest in a refrigerator for about 24 hours. It is essential that the meat is completely tender.
3. We must also wash the rice with lots of water and soak it for 24 hours as well. Also, both peanuts and shitake mushrooms should be soaked at the same time.
4. On the third day we will proceed to wash the bamboo leaves well and drain them properly. We will also drain the mushrooms and the rest of the food.
5. Sauté the rice with a little oil and soy sauce and add a little salt to taste.
6. We must cut the threads with a length of about 60 cm- 100 cm. We will use 2 bamboo leaves to form a cone with them, we will fill them with rice, meat, mushrooms and rice and close it. Then we try to put together a tamale with 4 angles and we tie it with the thread.
7. After this, we must cook them in water or steam for approximately 1 hour or 1 hour and a half.

FINDING FRIENDS,

Sharing experiences,

BEING HEARD

Feeling UNDERSTOOD,

INSPIRING

CREATING, CAMPAIGNING,

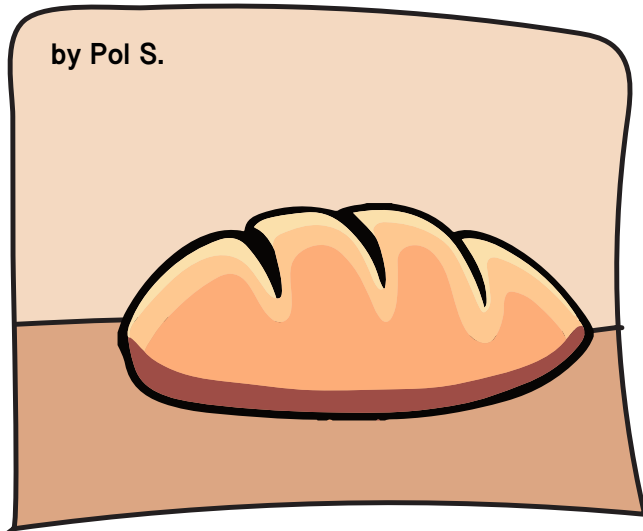
CELEBRATING,

MAKING an IMPACT in tiny &
HUGE ways allows us to feel
part of SOMETHING BIGGER

THAN JUST US.

- Gabrielle Treanor

TEENS 1: TASTY RECIPES



by Pol S.

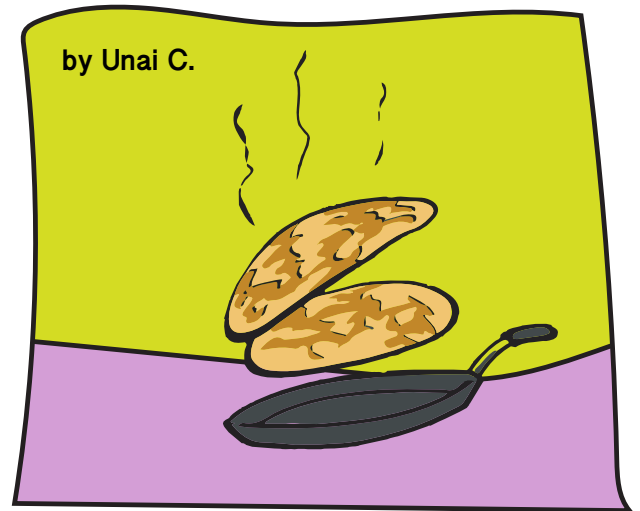
LET'S MAKE SOME BREAD

INGREDIENTS

- 20 gr of fresh yeast
- 500 gr of wheat flour
- 2 tablespoons of salt

INSTRUCTIONS

1. Dilute 20 gr of yeast in 50 ml of template water. Then you have to let the mixture rest for 5 minutes.
2. Put the flour in a bowl and add the salt 320 ml for template water.
3. Mix all in the bowl until obtaining a homogeneous mass, now add the yeast.
4. Work the mass, cover it and let it rest for 1 hour.
5. Then, knead again and shape it.
6. Bake it for 25 minutes to 250o celsius.
- 7 You put it in the oven for 30 minutes and you take them out of the oven and



by Unai C.

WOWWW, SOME FRENCHY CREPES

INGREDIENTS

- 300g of flour Milk
- 2 eggs
- 2 tablespoons of sugar Butter
- Nutella

INSTRUCTIONS

- 1.Put the milk in the jar with the 300g of flour and beat it until it is a thick liquid.
- 2.Secondly, add 2 eggs with 2 table-
spoons of sugar to the thick liquid you made earlier and beat it again.
- 3.Heat the pan on the stove. Then add the butter with the help of the brush. Then put the dough in it.
- 4.Once the crepe is done put it on a plate and ; with the small spoon.
5. Add nutella on top.

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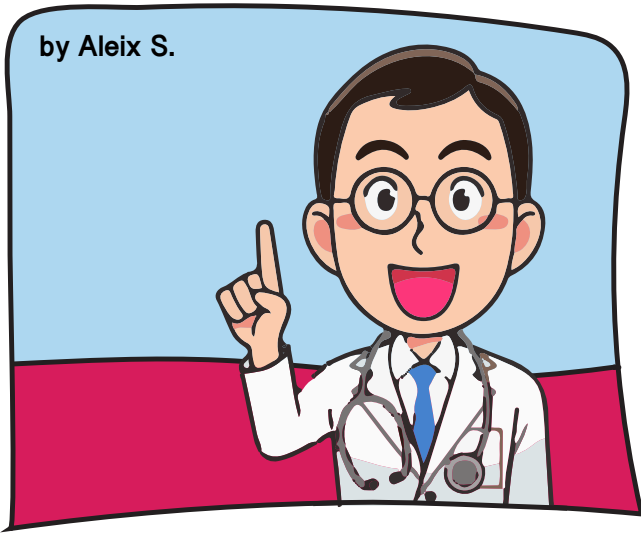
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TEENS 1: FAMOUS PERSON

by Aleix S.



FRANCISCO JAVIER BALMIS Y BERENGUER

Francisco Javier Balmis y Berenguer, born on the 2nd December in 1753, Alicante. This scientist invented the smallpox vaccine. He was a doctor, botanist and surgeon. Thanks to the vaccine that he discovered, he managed to save many lives from which if the vaccine had not been there they would have died.

He made different expeditions in America and the Philippines to spread the vaccine, in his honor, this expedition was named "Balmis expedition".

In 2020, the Spanish defense ministry named "Operation Balmis" the military deployment to fight the COVID-19.

LINA BADIMON

by Celia L.

Lina Badimon Maestro (Barcelona, February 24, 1953, now she's 67) is a Catalan physiologist, expert in cardiovascular research.

Her research activity focuses on atherosclerosis, thrombosis, vascular pathology and ischemic syndromes.

In 1986, he created the so-called Badimon chamber, a flow reactor for the study of cellular and molecular interactions, of international use in atherothrombosis studies. He first described that atherosclerotic plaques express transcription factor "NOR - 1" (Neuron - Derived Orphan Receptor -1), a new diagnostic and therapeutic target for cardiovascular disease.

He has published more than 400 articles in specialized journals and book chapters, regularly cited in the scientific literature.

SANTIAGO RAMÓN Y CAJAL

by Marti C.

Santiago Ramón y Cajal born in Petilla de Aragón in 1852 and he died in 1932 in Madrid. He won the Nobel Prize of Medicine in 1906 because he had a very big study of the nervous organism. He studied histology and pathological anatomy. The Nobel Prize changed his life because from that moment he felt important and he stopped doing big jobs.

MARIE CURIE

by Nuria M.

She is Marie Curie, she was an important scientist. She was born on the 7th November in Varsovia, Poland and she died on 4th July in Sallanches, France. She discovered the RADIOACTIVITY. She won the Nobel Prize in Physics. She studied the radiation for years. Thanks to her, cancer can be cured.

JAUME FERRAN I CLUA

by Pablo P.

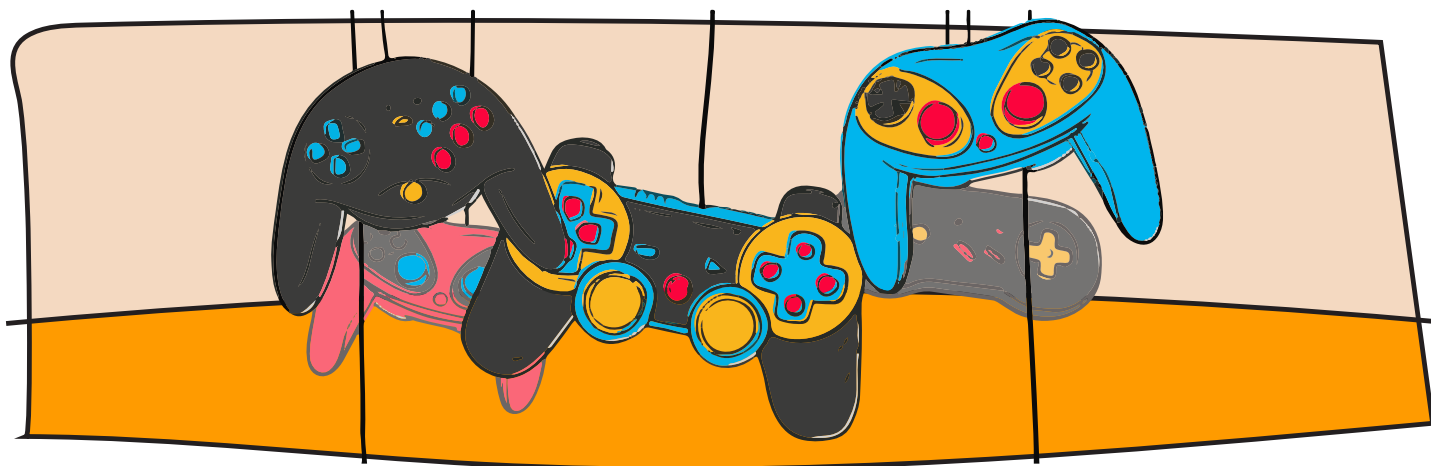
Jaume Ferran i Clua was a sanitarian and bacteriologist born in Corbera d'Ebre on the 1st February in 1851 and he died in Barcelona on the 22nd November in 1929. He discovered a vaccine against cholera. Later he found a vaccine for typhus, rabies disease and tuberculosis, giving our great grandparents a better life. In 1885 he wrote on immunization against cholera. In 1893 his work on this subject was translated to French with the title L'Inoculation préventive contre le Cholera. Finally, he died at the age of 78 years old.

MARGARITA S.

by Alex C.

Margarita Salas Falgueras was a Spanish biochemist. With a degree in chemical sciences, she was a disciple of Severo Ochoa, with whom she worked in the United States.

TEENS 2: OPINION ARTICLE



DO YOU PREFER BOARD GAMES OR VIDEO GAMES?

ADA B.

What's the best option? These two ways to play games are amazing but every option at the correct time. I think that if you're with your friends or with your family it's better playing board games because you can spend time with them and not in front of a screen. You can talk among you and you can laugh a lot depending on the game. On the other hand if you are alone and you haven't got anyone to play with I think that it's better playing video games because you can have a really good time and have fun with your friends online. In conclusion, the two ways to play games are good and you can have fun with both, only if you use it in the correct moment.

IKER L.

There are lots of types of games and a lot of games are fun. In my opinion, the best games are the ones that you play with your friends. Board games like "Monopoly" or "The game of life" are really entertaining. Also games like "Uno" are quite entertaining. Sport games: This type of games are one of the best because any game played with your friends are one of the best things in life. You can play football, basketball, tennis, volleyball... It doesn't matter which one you pick because you'll have lots of fun. There are lots of types of video games, but once again any of these anyone played with your friends will be really fun. There are lots of types of videogames for all types of person. RoI, strategy, shooters, RPG. In general board games and videogames are really fun if you play them with friends

LUCIA E.

Today, games have changed a lot. 30 years ago, you only played board games but nowadays you can play video games. Videogames were created in 1971 but they became popular in 1980 with the famous arcade machines. 10 years later, the consoles became more famous and the war of consoles began, all the companies that made consoles were trying to have the best of all times. Nowadays, there are all kinds of consoles: portable, without wifi, wireless, etc and more kinds of video games. There are games that are better or worse but they are all different. In my opinion, playing video games is better because there's more variety and you don't have to prepare the games. With the consoles, you only press a button to turn them on but with the board you have to prepare the objects that you use to play with. There are games that are rubbish but there are many others that are more educational than they seem. For example, the Assassin's Creed Origins is a violent game but with its realism it seems that you are part of the story. We all play video games and it will be better in the future, so it is better getting ready.

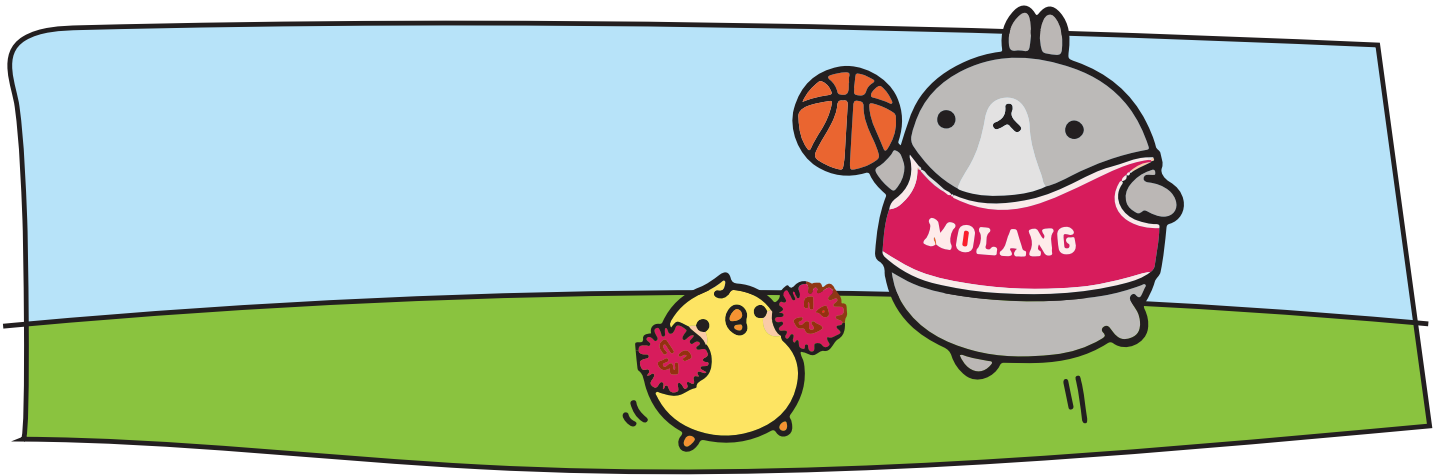
MARIA A.

This is a difficult decision depending on the person. There are video games that are more educational than others. But I don't think that all the kids can entertain themselves by playing educational videogames. That's why I prefer board games so you also have a good time with your family and friends.

Colour it with
happy colours



TEENS 2: OPINION ARTICLE



STAY FIT AND HEALTHY IN A FUN WAY

CARLA R.

For young people it's easy to stay fit, because most teenagers are doing sport a lot of hours per week. However, it's more difficult have a healthy diet, teenagers love junk food but some also like eating some vegetables and fish. So to have a balance diet we can put a lit bit of junk food in one half of the plate and the other side with healthy food and the dessert one day you can eat chocolate and another day a piece of fruit. Most people need to do a diet for whatever reason, but sometimes we can eat a bit of junk food. So think about doing more exercise and eating healthy food and then you can stay fit and very healthy.

QUERALT R.

Have you ever thought about having a healthy life in an easy way? If you want to know how, this article is a must read. Being healthy is not difficult at all, instead of turning on the TV every day you can do some sport to be stronger and there are fun ways to do it. You can have a good time dancing with your friends or just go walking with your family, that's not boring. You have to eat a variety of food too to keep your body healthy from illnesses or lack of protein and vitamin, so don't eat too much sugar or fats like fried food or sweets, fruit is also good and it's healthier for your body.

Being healthy is easy and if I were you, I would try to do it before it's too late.

TEENS 3: CREATIVE STORIES

EDNA S.

Last Friday it was my birthday, I turned 34 years old. It had been a very special day for me. At the beginning, I was very stressed but my friends made me finish the day in the best way.

I went to work as always, and I had a productive morning. When I was having a break at a cafeteria and I was going to pay I couldn't find my keys, so I ran very stressed to my house and once I arrived, I opened the door, and I found a small package with a note attached to it. It said Happy Birthday, we hope you have a great day. At that moment, everybody shouted: "Surprise!!!!" They had prepared the best party. We had a lot of fun and we ate a lot of fast food. This was the best birthday I have ever had, thank you to my friends.



IKER R.

When I opened the front door, I found a small package with a note attached to it. On the paper there was the following sentence: "What you are looking for since you were 12, will appear". I didn't understand that he was asking me the riddle so I opened the box. There was nothing inside, just air. That day I stayed up late watching a Marvel marathon. I went to sleep at 1. When I turned off the lights in my room a strange green light emerged from the box. Now, inside, you could read: "Hello, I'm anonymous and I've hidden the key of your motorcycle.". So I started looking for more clues inside the box. There was only the number 4.43. I didn't know what those numbers meant. The days passed and the bus was already starting to look expensive. I stopped looking for the keys and I started studying philosophy. I took the exam that he failed from the drawer. And, with glue, there were the keys and a note that said: "Hi, I'm mom, the next exam to pass it, I love you."

JAN G.

When I opened the front door, I found a small package with a note attached to it. When I read the note I didn't realize that my world would change. When I opened the package I found a surprise, there was a key and the note said: With this key you can go wherever you want, you just need to think about it and touch it. When I saw it I thought it was a prank, later on read the note again and I realized there was something written on its back. I continued reading it and it was very strange because it said something about a door that was locked with a magic key, and if you could find the key and the door you would find the real world. I didn't know where was the door and what the note was talking about. I started thinking and searching on the Internet where could the door be. After a long research I didn't find anything so I stopped it.

After two weeks of finding the note and the key, very strange things began to happen to me that were not normal, so I decided to rethink where that mysterious door so valuable could be, and why I had the key? Why did they give it to me? When I was asking myself those questions, I looked at forums and I found that several people had also had the same strange phenomenon and tried to contact them, but could not. A few months later they contacted me through the forum where I had looked for it, he was one of the people who also got that letter with a key, we started talking and then he told me that to find the door first I should use all the imagination that I could, then we lost contact. After those words I began to imagine where the door could be, or if there was a real door or it was only something unreal. At the end, I realized that the key was just a mere trick to start using my imagination and creativity, so that I could see the world from a better perspective and I could share it with more people. When I found out, I kept the key and the note and I sent them to another random person so that they could also see the funniest world I had discovered. After some months I checked the forum again to see if someone else had the same experience and I saw that many more people had been involved and now they are all happy to have opened the door of their imagination and creativity.

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EXPLORERS 1

PERSONAL NEWS

**WHAT NEWS
HEADLINE WOULD
YOU LIKE TO SEE?**



Maria G.
The end of coronavirus because they found a vaccine

Alba P.
Giving a vaccine to everybody

Andrea A.
The coronavirus vaccine will work well.



**TELL US
A FACT YOU
MAY KNOW?**

Maria G.
The snow in Madrid melt

Alba P.
Sant Feliu de Guixols will build a new park

Andrea A.
My friends received a new ball



**SOMETHING
THAT MAKES
YOU SMILE
THIS WEEK**

Maria G.
My best friend came to my house.

Alba P.
Last Sunday, I played badminton and the ball got stuck in the net

Andrea A.
The postures of my dog that she does early in the morning



**WHAT ARE
YOU LOOKING
FORWARD TO
THIS YEAR?**

Maria G.
I would like to go camping or to sleep at a hotel

Alba P.
The restrictions will soon end and we will be able to travel

Andrea A.
That everything will be back to normal



MY
NAME IS ERIC
AND I AM A STUDENT.
YESTERDAY, MY FRIEND
NEEDED HELP WITH HIS
WORK. I FELT HAPPY
BECAUSE I COULD
HELP MY FRIEND.

BY ERIC M.

MY
NAME IS
ALBA AND I AM
AN ARTIST. I
HELPED MY MOM TO
SCRAPBOOK. I FELT
HAPPY BECAUSE I
HELPED MY MOM.

BY ALBA C.

MY NAME IS ADA AND I'M A
DAUGHTER. I HELPED MY MOM
TO COOK CROQUETTES. I FELT
VERY HAPPY BECAUSE I LIKE
COOKING.

BY ADA S.

famous

BY INGRID C.
MY
NAME IS
INGRID AND I AM A
STUDENT. I HELPED MY
FRIEND WITH A PROBLEM
SHE HAD WITH TWO OTHER
FRIENDS. I FELT HAPPY
BECAUSE I HELPED
HER.

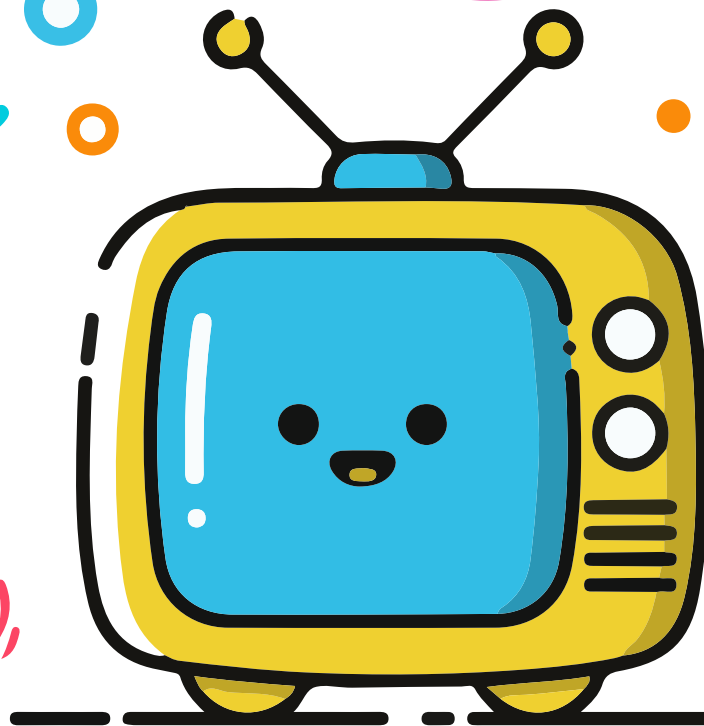
HELLO MY NAME
IS XAVI AND I AM A
STUDENT. I HELPED MY
PARENTS TO COOK LUNCH.
I FELT EXCITED BECAUSE I
LIKE COOKING.

BY XAVI M.

MY
NAME IS JOEL
AND I AM A STUDENT.
MY FRIEND NEEDED GLUE
AND I SHARED MINE. I
FELT GOOD BECAUSE I
HELPED MY FRIEND.

BY JOEL P.

LOVE



ME, ON TV!

by Ruppert Group

MY NAME IS NEL. I
HELPED MY PARENTS TO
COOK. I WAS VERY HAPPY
BECAUSE I SPENT TIME
WITH MY FAMILY.

BY NEL P.

MY
NAME IS LAIA
AND I AM A GIRL. I
HELPED MY LITTLE
BROTHER TO LEARN
THE NUMBERS. I FELT
HAPPY BECAUSE MY
BROTHER CAN COUNT
NOW.

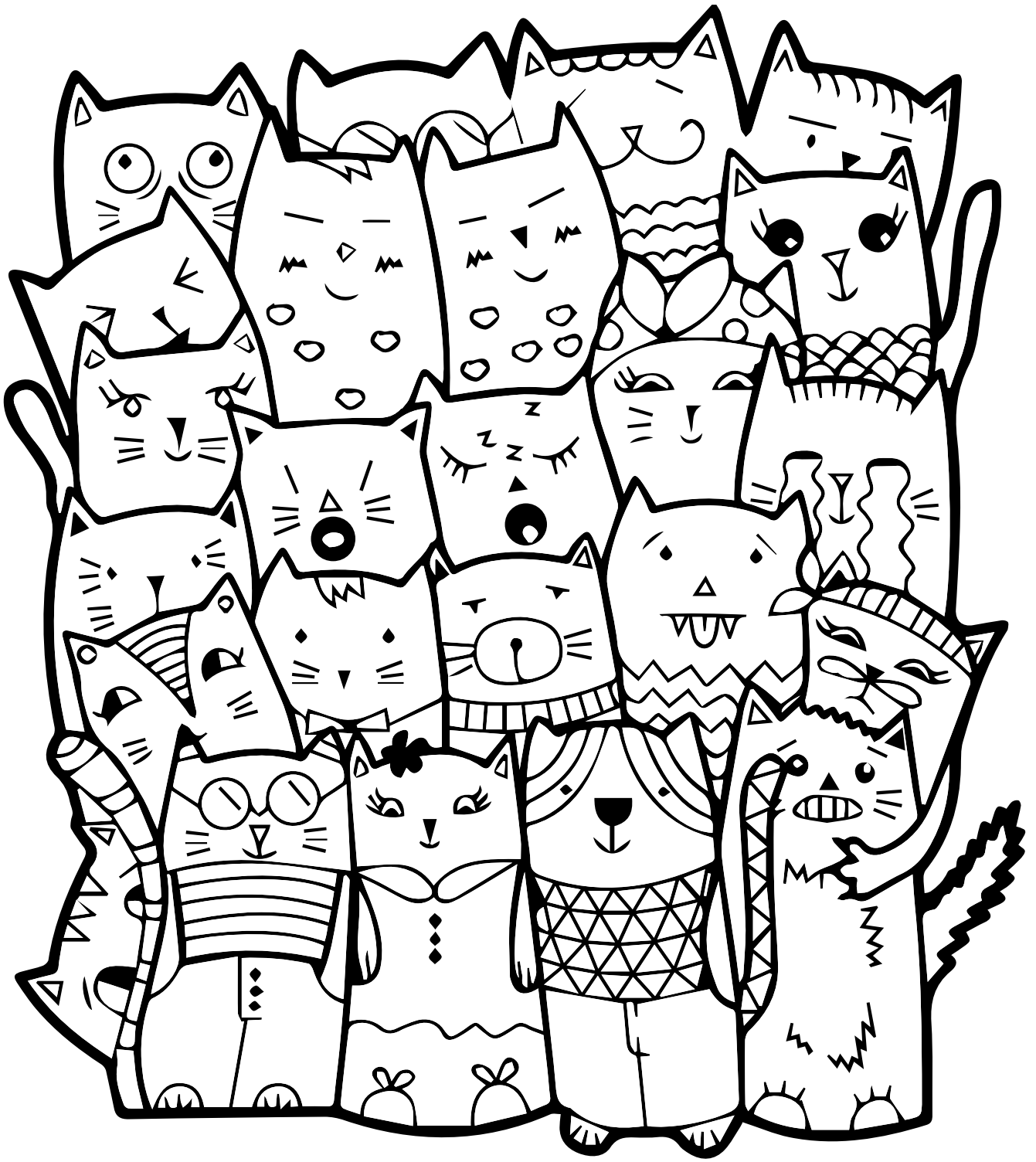
BY LAIA S.

MY NAME
IS MAR AND I AM
A SISTER. I
PLAYED WITH MY
SISTER YESTER-
DAY AND WE HAD A
GOOD TIME. I FELT
HAPPY BECAUSE
WE WERE VERY
EXCITED TO
PLAY

BY MAR B.

MY NAME IS
MARIA AND I AM A
DAUGHTER. I MADE A
SPECIAL CARD FOR MY
PARENTS AT SCHOOL. I
FELT HAPPY BECAUSE
MY PARENTS WERE
SURPRISED.

BY MARIA G.



LIFE IS BETTER WITH CATS
COLOUR YOUR FAVOURITE
FURRY ONE

TEENS 3: CREATIVE STORIES

BERTA S.

Two months ago it was Christmas, and I didn't expect what my surprise was going to be...

Last summer, I started getting interested in motorcycles because all my friends that were one year older than me had one. I have never been really keen on them because neither my parents or my sister have ever had one. But, specially in July and August, I began to look for information about the driving license and its process. During these last months I have been learning new skills and looking for motorcycles that I might like, specially white, black, or red ones. I found some of them that I fancied, but there was one that I loved unconditionally. The only inconvenient was that it was very expensive and my parents had already warned they wouldn't buy me one, so forgot about the fact that I could have a motorcycle soon. But on Christmas day, when I opened the front door, I found a small package with a note attached to it... It was a key! At first, I wondered what was that key for, but then I realized that they were motorcycle keys and when I turned around again to see the street, I saw my motorcycle parked outside! I started crying a lot. I was very thankful to my parents for their effort and the ir work that they had done to buy it.

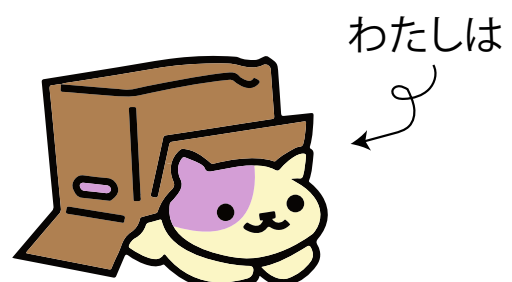
PAU F.

It was the summer of 2017, It was my birthday, a really sunny day, when suddenly someone knocked at the door. I watched through a little hole, but unfortunately when I arrived nobody was there. So I started searching around, when I opened the front door, I found a small package with a note attached to it. The first thing I did was opening the package, there was a key. It seemed like an antique key that could bring me to an ancient place.

But a second later I remembered that there was a note attached to it. There was a strange message "go to the place where the movement objects stay still in the same place if you want to move them". So I started thinking and the only thing that came to my mind was the garage. I went there running, I opened with the key and I walked into it, all the lights were closed, when I heard a lot of people shouting "Happy Birthday!!". It was a party that my friends had prepared for me. It was fantastic.

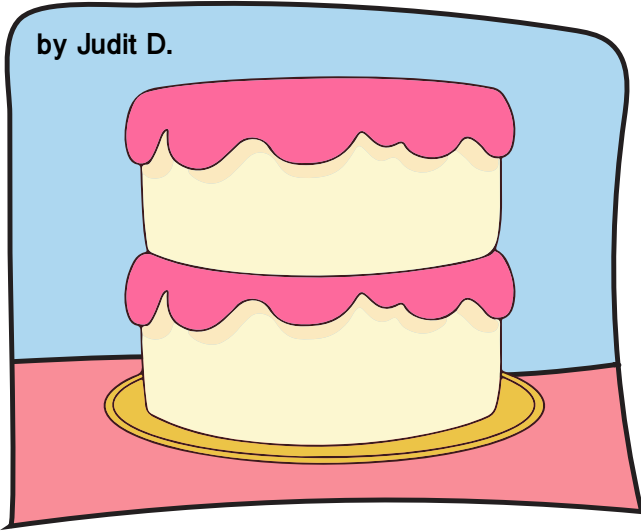
CARLOTA G.

When I opened the front door, I found a small package with a note attached to it. I'll start from the beginning, that day I did not go to school, -relax- it's because it was a holiday, so I was bored. I listened to music, I watched a movie then a series, but I was still bored. Then I heard the doorbell so I opened the door, there was no one, there just a small package with a note attached to it. The note said "for Carlota". For a minute I thought "who is Carlota" but I'm carlota so when li figured that out I went inside and opened the package. Inside the package there was a key. I asked my mum what kind of key was that, but she didn't know. I spent all evening searching for a lock that matched with the key but there was not even a lock similar to the key. The next day I i found a box at my grandma's, so I took it home. I grabbed the key and tried with the lock, "IT WORKED" I thought. Inside the box there were four tickets to a concert- the Rolling Stones-. "SURPRISE" my parents told me. So that was the surprise, I really loved the concert. I hope that you find a secret package one day.



TEENS 1: TASTY RECIPES

by Judit D.



LET'S BAKE A LOVELY VANILLA CAKE

INGREDIENTS

175g margarine or softened butter, 175g caster sugar, 3 large eggs, 175g self-raising flour, sifted, 1tsp baking powder, 1tsp vanilla extract and a pinch of salt

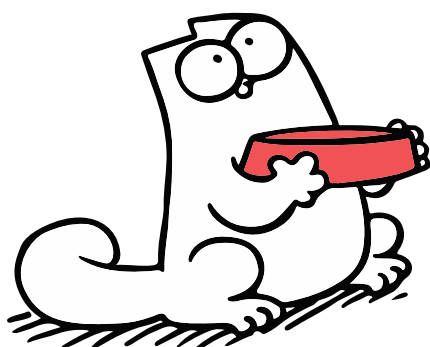
INSTRUCTIONS

1. Preheat the oven to 180 ° C (gas mark 4). Lightly grease an 18cm (7-inch) round can with a little extra butter or margarine and cut a piece of grease-resistant paper or non-stick parchment to fit the base of the can.

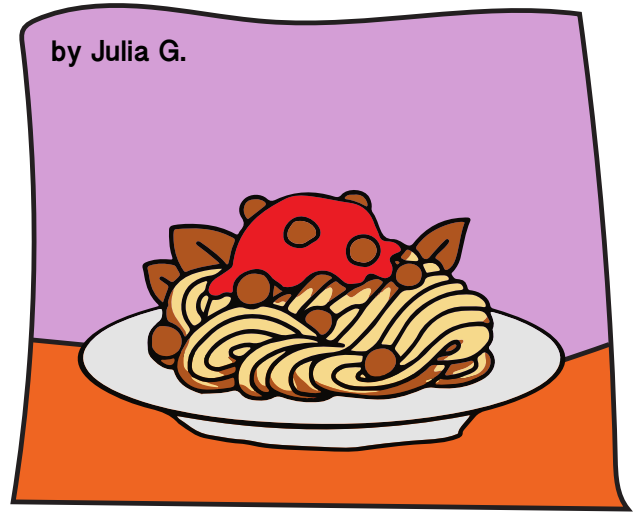
2. Put all the ingredients in a large bowl and beat with a wooden spoon or hand mixer for 1 minute, or until just combined. It is important not to beat the batter too much, long enough for it to be soft.

3. Pour or spoon the mixture into the tin, soften the top and bake on the center shelf of the oven for about 45-50 minutes. The cake is baked when it looks well raised and golden; the top should sprout backwards when touched lightly with your fingertips. Another test is to insert a skewer in the center of the cake; it should come out clean.

4. Let the cake rest in the tin for 5 minutes, then gently pass a knife over the edge and turn the cake over a rack to cool. Serve dusted with icing sugar.



by Julia G.



LET'S EAT SOME ITALIAN SPAGHETTIS

INGREDIENTS

1 natural crushed tomato can, 1 cda salt, 1 cdt sugar, Oregano and parsley, 1/2 onion, 1 garlic cion, 400g minced meat, 1/2 lemon juice to be poured into the meat Extra Virgin Olive Oil, 1 pack half a kg spaghetti, Water, Salt, Olive Oil, Touch Parmesan to finish the dish.

INSTRUCTIONS

1. Prepare the bolognese sauce step by step: Peel the garlic and onion. We remove the inner thread from the garlic so that it does not repeat and make sheets. The onion is cut into very small pieces.

2. Put a pot to heat with oil and pour the garlic first that leaves a little flavor, add the onion and move until golden brown.

3. When the onion is golden brown, add the crushed tomato jar. Let's lower the heat so it doesn't splash or burn the pot down with the tomato.

4. Add the salt, a tablespoon of sugar to remove the bitterness from the tomato, the herbs you like and remove every 3-4 minutes for 15 minutes or so.

5. On a plate we put the meat with the juice of half a lemon, salt and parsley. Let's light the fire with a scoop and pass the meat until it's done. Do not leave it dry because then it will be cooked a little still with the tomato.

6. Add the meat to the tomato and leave on a minimum heat while the pasta is made.

7. Bring the water to the boil. When it breaks to boil we add a good squirt of olive oil and salt. We wait for it to boil again and leave the heat 8-9 minutes. Drain, pour some oil into the pot with the spaghetti so they don't stick and serve.



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